Investment in employee health		Benefits of investing in employee health			Health objective we aim to achieve
		Indicators of progress on health investment measures	Indicators of changes in employee awareness and behaviors	Indicators of the ultimate health objective	through Health and Productivity Management
Healthy lifestyle	Encourage healthy behaviors through health checkups (activities according to risk stage)	Status of implementation of activities for each risk stage	Percentage of employees who have healthy lifestyles (exercise, sleep, and autonomous improvement activities)	Improved subjective health	Maximize the su and individuals each and every
	Cancer control measures	Rate of employees participating in programs related to cancer education	Percentage of employees able to make use of health information (health literacy)		
	Smoking cessation measures	Smoking cessation program implementation rate	Cancer screening participation rate; percentage of employees making use of cancer screening results		
	Sleep measures	Sleep program participation rate	Smoking rate		e th
Mental health	Mental health measures	Recognition of mental health counseling services Mental health training participation rate Stress check participation rate; Number (rate) of high-stress employees	Mental health: Self-care implementation rate Implementation rate of interviews with high-stress employees	Improved absenteeism	by em
Supportive workplace environment	Supporting the success of diverse human resources Support for women's health Support for balancing medical treatment and work Age-friendly arrangements Measures to prevent occupational injuries caused by falls, focusing on human factors Measures to prevent passive smoking Efforts to improve productivity	Women's health support program participation rate Implementation status of seminars and other All WorkCAN's programs (cancer salon, information provision) Physical fitness test participation rate Workplace exercise implementation rate Implementation of no smoking during work hours Status of efficient operation and proper work hours management	Support for women's health: Self-care implementation rate Workplace understanding of women's health Workplace understanding of balancing medical treatment and work Percentage of employees at high risk of falling Employee awareness of anti-smoking measures Overtime hours; paid leave utilization rate	Improved presenteeism Enhanced work engagement	ess of the organization promoting well-being of ployee